

“Today you are you! That is truer than true! There is no one alive who is you-er than you!” (Dr. Seuss)



*We are happy to offer a children's yoga class this summer at
Bikram Yoga Brooklyn, Brooklyn Heights!
Come join us, Irina and Nancy, for a
free demo class
on **Friday, June 27, 2014 from 2:30pm - 3:00pm.**
Class will be designed for children age 5 through 8.*

Summer Sessions:

*Thursdays in July: 7/10, 7/17, 7/24, 7/31 from 2pm - 2:45pm
Thursdays in August: 8/7, 8/14, 8/21, 8/28 from 2pm - 2:45pm
\$100 per session, register for one or both!*

Bikram Yoga Brooklyn, Brooklyn Heights
106 Montague Street, 2nd Floor, Brooklyn, NY 11201

718-797-2100